

# CHILDREN'S



## STARTERS

### Heinz™ Tomato Soup (v) 🥕

Reduced salt. Served with wholemeal bread.

Counts as 1 of your 5-a-day.

### Veggie Sticks & Houmous (ve) 🥕

Fresh carrot and cucumber sticks, served with a delicious houmous dip.

Counts as 2 of your 5-a-day.

### Mini King Prawn Cocktail

Served with wholemeal bread.

### Garlic Bread (v)

## OUR FAMOUS ROAST CARVERY

For 12s and under.

1

Choose from a selection of roasted meats: roast gammon, roast turkey, roast beef and roast pork. Lamb available every Sunday.

2

Help yourself to as many veggies and potatoes as you like.

3

Grab some gravy, choose your sauce and enjoy!

### Meat Free Carvery

Help yourself to as many veggies and potatoes as you like from the carvery deck. Don't forget to try our tasty vegetarian gravy too.

ONE SPOONFUL  
OF CARROTS  
OR PEAS COUNTS  
AS ONE OF YOUR  
5-A-DAY!

## MAIN MEALS

With all our children's main meals you can help yourself to unlimited veggies and potatoes from the carvery deck.

### Mac & Cheese (v)

### Chicken Nuggets

### Tomato & Meatball Pasta 🥕

Macaroni pasta in a rich tomato sauce with meatballs. Also available without meatballs for vegetarians. Counts as 2 of your 5-a-day.

### Chicken Burger

Chicken nuggets in a Mickey shaped bread bun with Heinz™ Tomato Ketchup.

### Sausages & Giant Yorkshire Pud

Two sausages with a Yorkshire pudding. Quorn™ Sausages also available (v).

Choose your favourite side from the following:

### Baked Beans (ve) 🥕

Counts as 1 of your 5-a-day.

### Veg Sticks (ve) 🥕

Counts as 2 of your 5-a-day.

### Heinz™ Baby's Chicken Dinner

A blend of chicken and tasty vegetables, inspired by a recipe from a parent.

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## PUDDINGS

### Dairy Ice Cream (v)

Swirls of creamy dairy ice cream and a *Carbury* Flake. Served with your choice of Belgian chocolate, Devon cream toffee, strawberry or Sicilian-style lemon sauce.

#### Extra Toppings:

Honeycomb pieces (v)

Extra *Carbury* Flake (v)

### Pip Organic Lolly (ve)

A tropical fruit frozen ice lolly.

### BEAR Strawberry Yoyos (ve) 🌱

Pure fruit rolls. No added sugar. *Counts as 1 of your 5-a-day.*

### Apple, Blackberry & Redcurrant Crumble (ve)

Served with your choice of custard (v) or soya custard (ve).

### Make Your Own Sundae (v)

We'll bring you your choice of yummy ingredients so you can make your own sundae! Choose your 3 favourite toppings to add to your dairy ice cream:

- Meringue pieces
- Fruit salad flavour crunch
- Honeycomb pieces
- Fresh strawberry pieces (1 of your 5-a-day) 🌱
- Fresh banana pieces (1 of your 5-a-day) 🌱

Served with a wafer and Belgian chocolate sauce.

### Chocolate Heaven Sundae (v)

Chocolate brownie pieces and Belgian chocolate sauce mixed in dairy ice cream topped with a *Carbury* Flake.

### Fresh Fruit Bowl (v) 🌱🌱

Fresh banana and strawberry pieces, served with a Belgian chocolate sauce for dipping. *Counts as 2 of your 5-a-day.*

Ask for our activity sheet introducing...



## DRINKS

### Fruit Shoot 275ml

No added sugar and made with real fruit. Choose from Orange or Apple & Blackcurrant.

### Robinsons Squash

Choose from Apple & Blackcurrant or Orange & Pineapple. No added sugar.

### Robinsons Cordial Sodas

A refreshing real fruit fizzy drink. Choose from Lime & Mint or Strawberry, Lime & Mint.



**Allergen Information:** Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = Made with vegetarian ingredients, (ve) = Made with vegan ingredients, however, some of our preparation and cooking methods could affect this. If you require more information, please ask your server. Full nutritional information is available on our website. 🌱 = One of your 5-a-day. A portion of fruit or veg on our children's meals is based on a minimum 60g serving size. Photos are for illustrative purposes only.