# BREAKFAST MENU All you can eat

## ASK ABOUT OUR TAKEAWAY & DELIVERY\* BREAKFAST OPTIONS

\*At selected sites. Order online, on the app or via your local delivery company

## ALL YOU CAN EAT BREAKFAST

#### Home of the Roast & King of the Breakfast!

Served until 11am. Please pay at the bar, then help yourself to our delicious range of breakfast items from the deck, including:

Bacon 132kcal per item

Sausages\* 217kcal per item

Free-Range Fried Eggs (V) 78kcal per item

Hash Browns (V) 91kcal per item

Baked Beans (V) 60kcal per spoonful

Plum Tomatoes (V) 13kcal per spoonful

#### Freshly Roasted Mushrooms (V)

94kcal per spoonful

\*As standard we serve pork sausages 217kcal per sausage, except in Scottish sites where we serve Lorne sausages 229kcal per sausage.

#### Handmade Potato, Bacon, Cheese & Onion Hash 161kcal per spoon ful

Breakfast Yorkshire Pudding

With roasted onion and bacon bits. 206kcal per item

**Toast (V)** With a selection of jams and spreads 451kcal per round

#### Breakfast Gravy (V) 171kcal

FRESHLY COOKED TO ORDER

Please let our team know when you order at the bar.

THIS<sup>™</sup> Isn't Pork Sausages (VE) 217kcal Free-Range Scrambled Egg (V) 132kcal

#### CHILDREN'S BREAKFAST

Suitable for U12s. Vegetarian option available (V).

Pip Organic Smoothie Choose from Pineapple & Mango 104kcal or Strawberry, Banana & Purple Carrot 79kcal. 1.99



With a selection of jams and spreads. 451kcal per round

#### Chocolate Pancakes (V)

American style pancakes served with Cadbury® Flake, chocolate sauce and crispy chocolate pieces. 352kcal **Porridge (V) ♥** With apple, blackberry and redcurrant fruit compote. 155kcal

SOMETHING SMALLER

Fresh Berry Pancakes (V) 💙

American style pancakes served with strawberries and blueberries. 268kcal

#### Cereal (V) ♥ Just ask for today's selection.

Banoffee Pancakes (V)

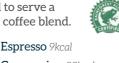
American style pancakes served with chopped banana, fudge cubes and toffee sauce. 420kcal



### HOT DRINKS

We are proud to serve a medium-roasted coffee blend.

Pot of Tea 25kcal Herbal Tea 0kcal Hot Chocolate 260kcal Coffee 60kcal Decaf Coffee 100kcal



LAVATI

Cappuccino 93kcal

Latte 108kcal

Floater Coffee 157kcal

Iced Coffee 82kcal

TO YOUR BREAKFAST

WHY NOT ADD

UNLIMITED TEA OR FILTER COFFEE

Filter coffee 43kcal Tea 25kcal

Alpro Oat and soy alternatives to milk are also available Add a shot of caramel, sugar free caramel, vanilla or gingerbread syrup for an extra 50p

Allergen Information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Adults need around 2000kcal a day.  $\heartsuit$  = 500 calories or less, before any add-ons or extras. All calories are accurate at time of menu print, live nutrition information is available online, please scan the QR code to access. Photos are for illustrative purposes only. All items subject to availability.

